Athene MaxRate 3, 5 & 7 Rates and Availability as of July 14, 2022



Available in: AL, AZ, AR, CO, DC, FL, GA, IL, IN, IA, KS, KY, LA, ME, MA, MI, MS, MT, NE, NH, NM, NC, ND, RI, SD, TN, VT, VA, WV, WI, & WY

Initial Premium ¹	Less than \$100,	Less than \$100,000		
	Multi-Year Fixed	1-Year Fixed	Multi-Year Fixed	1-Year Fixed
3-year (Issue Ages 0-85) Withdrawal Charge schedule: 10, 10, 10%	3.65%	3.65%	3.90%	3.90%
5-year (Issue Ages 0-83) Withdrawal Charge schedule: 10, 10, 10, 10, 10%	4.15%	4.15%	4.40%	4.40%
7-year (Issue Ages 0-83) Withdrawal Charge schedule: 10, 10, 10, 10, 10, 10, 10%	4.35%	4.35%	4.60%	4.60%

Available in: AK, CA2, CT, DE, HI, ID, MD, MN, MO, NV, NJ, OH, OK, OR, PA, SC, TX, UT & WA

Initial Premium ¹	Less than \$100,000		\$100,000 +		
	Multi-Year Fixed	1-Year Fixed	Multi-Year Fixed	1-Year Fixed	
B-year (Issue Ages 0-85) Vithdrawal Charge schedule: 2.3, 8.4, 7.5% 3.65%		3.65% 3.65%		3.90%	
CA: 8.3, 7.3, 6.3%					
5-year (Issue Ages 0-83) Withdrawal Charge schedule: 9.3, 8.4, 7.5, 6.6, 5.7%	4.10%	4.10%	4.35%	4.35%	
CA: 8.3, 7.3, 6.3, 5.3, 4.2%					
7-year (Issue Ages 0-83) Withdrawal Charge schedule: 9.3, 8.4, 7.5, 6.6, 5.7, 4.7, 3.8%	4.30%	4.30%	4.55%	4.55%	
CA: 8.3, 7.3, 6.3, 5.3, 4.2, 3.2, 2.1%					

Additional Premiums will be allocated to the 1-Year Fixed Strategy. The Initial Interest Rate for this strategy is set at issue and is guaranteed for one year. A Renewal Interest Rate is declared on each Contract Anniversary for the next Contract Year. This rate may vary each year, but it will always equal or exceed the Minimum Renewal Interest Rate.

Any rate changes are effective for applications issued on or after the date indicated on the rate card.

Confinement waiver not available in MA

^ Confinement Waiver and Terminal Illness waivers are not applicable in CA

(Not available in NY)

This material is provided by Athene Annuity and Life Company (61689) headquartered in West Des Moines, Iowa, which issues annuities in 49 states (excluding NY) and in D.C. Product features and availability may vary by state and/or sales distributor.

For financial professional use only. Not to be used with the offer or sale of annuities.



76048 (07/14/22)

A Multi-Year Fixed Strategy is used to credit interest to the Initial Premium. The interest rate is guaranteed for the full Term Period. At the end of the Term Period the Accumulated Value will be transferred to the 1-Year Fixed Strategy.

¹ Minimum initial premium - \$10,000

² CA withdrawal charge schedules differ from other states.

Interest Crediting Rates

For new contracts sold through IMOs

Rates effective July 1, 2022



How Do We Rate? Differently!

Athene's competitive crediting rates can provide powerful growth potential for your clients. Our proven annuity solutions and innovative indexed crediting strategies set us apart. It's that unconventional thinking that helps us do more for you.

Athene AccuMax[™] 7

Strength, stability and flexibility to help clients retire with confidence.¹

Low Band: Up to \$100,000 High Band: \$100,000 +	7-Year		
	Low Band	High Band	
7-Year Point-to-Point S&P 500® Index (Participation Rate)	80%	85%	
7-Year Point-to-Point Al Powered Multi-Asset Index ² (Participation Rate)	270%	285%	
7-Year Point-to-Point Shiller Barclays CAPE® Allocator 6 Index² (Participation Rate)	255%	270%	
7-Year Annual Interval Sum S&P 500® Index (Participation Rate)	60%	65%	
Floor Rate	-10%	-10%	
1-Year Point-to-Point AI Powered Multi-Asset Index ² (Participation Rate)	115%	120%	
1-Year Point-to-Point Shiller Barclays CAPE® Allocator 6 Index² (Participation Rate)	105%	110%	
Fixed	2.30%	2.45%	

Athene AgilitySM

An agile annuity that offers participating income, liquidity and a death benefit.

	7-Year	10-Year
2-Year No Cap PTP BNP Paribas Multi Asset Diversified 5 Index ² (Participation Rate)	110%	125%
1-Year No Cap PTP BNP Paribas Multi Asset Diversified 5 Index ² (Participation Rate)	80%	90%
2-Year No Cap PTP Nasdaq FC Index ^{2,3} (Participation Rate)	72%	80%
1-Year No Cap PTP Nasdaq FC Index ^{2,3} (Participation Rate)	47%	52%
2-Year No Cap PTP AI Powered US Equity Index ² (Participation Rate)	90%	100%
1-Year No Cap PTP AI Powered US Equity Index ² (Participation Rate)	70%	77%
2-Year PTP S&P 500® (Cap)	7.75%	8.25%
1-Year PTP S&P 500® (Cap)	3.75%	4.00%
Bailout Cap Rate	0.50%	0.50%
Fixed	1.65%	1.80%

For financial professional use only. Not to be used with the offer or sale of annuities.

This material is provided by Athene Annuity and Life Company (61689) headquartered in West Des Moines, Iowa, which issues annuities in 49 states (excluding NY) and in D.C. Product features and availability may vary by state and/or sales distributor.

93135 (07/01/22)

Athene AscentSM Pro 10 Bonus

For income that lasts as long as your clients' retirement. Give them the option of Guaranteed or Participating Income.

	10-Year
2-Year No Cap PTP BNP Paribas Multi Asset Diversified 5 Index² (Participation Rate)	160%
1-Year No Cap PTP BNP Paribas Multi Asset Diversified 5 Index ² (Participation Rate)	115%
2-Year No Cap PTP Nasdaq FC Index ^{2,3} (Participation Rate)	102%
1-Year No Cap PTP Nasdaq FC Index ^{2,3} (Participation Rate)	67%
2-Year No Cap PTP AI Powered US Equity Index ² (Participation Rate)	130%
1-Year No Cap PTP AI Powered US Equity Index ² (Participation Rate)	97%
1-Year No Cap PTP S&P 500 Daily Risk Control 5%™ Index TR (Total Return) ² (Participation Rate)	60%
1-Year PTP S&P 500® (Cap)	5.25%
Bailout Cap Rate	1.00%
Fixed	2.30%

Athene MaxRate®

Asset growth your clients can depend on. Guaranteed.

Low Band: Up to \$100,000 High Band: \$100,000 +	3-Year		5-Year		7-Y	ear
Multi-Year and 1-Year Fixed Strategies ⁴	Low Band	High Band	Low Band	High Band	Low Band	High Band
Most States	3.35%	3.45%	3.75%	4.00%	4.00%	4.25%
AK, CA, CT, DE, HI, ID, MD, MN, MO, NJ, NV, OH, OK, OR, PA, SC, TX, UT & WA	3.35%	3.45%	3.70%	3.95%	3.95%	4.20%

Athene Performance Elite®

Make your clients' money work for the long term. Help them protect, grow and access their nest egg.

	7-Y	ear	10-Year		15-Y	ear
	With 1.75% Strategy Charge ⁵	No Strategy Charge	With 1.75% Strategy Charge ⁵	No Strategy Charge	With 1.75% Strategy Charge ⁵	No Strategy Charge
2-Year No Cap PTP BNP Paribas Multi Asset Diversified 5 Index² (Participation Rate)	280%	180%	255%	150%	270%	165%
1-Year No Cap PTP BNP Paribas Multi Asset Diversified 5 Index² (Participation Rate)	200%	130%	180%	110%	190%	120%
2-Year No Cap PTP Nasdaq FC Index ^{2,3} (Participation Rate)	180%	115%	165%	97%	175%	107%
1-Year No Cap PTP Nasdaq FC Index ^{2,3} (Participation Rate)	115%	75%	105%	65%	112%	70%
2-Year No Cap PTP AI Powered US Equity Index ² (Participation Rate)	225%	145%	205%	120%	220%	135%
1-Year No Cap PTP AI Powered US Equity Index ² (Participation Rate)	165%	110%	150%	92%	160%	100%
2-Year No Cap PTP S&P 500 Daily Risk Control 2 8%™ Index TR (Total Return)² (Participation Rate)	115%	60%	115%	60%	125%	67%
1-Year No Cap PTP S&P 500 Daily Risk Control 2 8%™ Index TR (Total Return)² (Participation Rate)	87%	55%	85%	47%	92%	52%
1-Year PTP S&P 500® (Cap)	10.75%	7.00%	9.50%	6.00%	10.00%	6.50%
Fixed	N/A	2.70%	N/A	2.25%	N/A	2.60%

6/30/22, 8:09 AM AtheneRate_July_1_2022

Athene® Product Rate Changes



Your organization may not offer all products shown.

Effective Date: July 1, 2022

National

These changes will be effective with a contract date on or after **July 1, 2022**. The contract effective date is the date the contract has been deemed in good order and all funds received. While we cannot reissue contracts, any pending business will receive the new rates if the contract date is on or after the rate change effective date.

Revised materials will be available on the Forms and Materials page beginning **July 1, 2022**. Be sure to use up-to-date materials when offering Athene annuities. You may experience slight processing delays on any print orders in the days before or after a rate change effective date.

Athene AccumulatorSM 10

Athene AccumulatorSM 10 Crediting Rates

Crediting Strategy	Premium Band	Current	New	Change
2-Year No Cap PTP ¹ – BNP (Par Rate)	High Band: (\$100,000+)	245%	285%	4 0.00%
z-real No Cap FTF - bivF (Fal Kate)	Low Band: (<i>Up to \$100,000</i>)	230%	265%	▲ 35.00%
1 Vana Na Can DTD 1 DND (Day Data)	High Band: (\$100,000+)	175%	205%	▲ 30.00%
1-Year No Cap PTP ¹ - BNP (Par Rate)	Low Band: (<i>Up to \$100,000</i>)	165%	190%	▲ 25.00%
2 Vanu Na Can DTD12 Nandan EC (Day Data)	High Band: (\$100,000+)	160%	185%	△ 25.00%
2-Year No Cap PTP ^{1,2} - Nasdaq FC (Par Rate)	Low Band: (<i>Up to \$100,000</i>)	150%	170%	2 0.00%
1-Year No Cap PTP ^{1,2} - Nasdaq FC (Par Rate)	High Band: (\$100,000+)	102%	117%	▲ 15.00%
cato cap i ii i itabaaq i c (i ai itato)	Low Band: (<i>Up to \$100,000</i>)	95%	110%	▲ 15.00%
2-Year No Cap PTP ¹ - AI Powered US Equity (Par Rate)	High Band: (\$100,000+)	200%	230%	▲ 30.00%
	Low Band: (<i>Up to \$100,000</i>)	190%	215%	▲ 25.00%
1 Vana Na Cara DTD 1 Al Danis and LIC Fancita (Dan Data)	High Band: (\$100,000+)	150%	170%	2 0.00%
1-Year No Cap PTP ¹ - Al Powered US Equity (Par Rate)	Low Band: (<i>Up to \$100,000</i>)	140%	160%	▲ 20.00%
1-Year No Cap PTP ¹ - S&P 500 [®] Daily Risk Control 5%™ Index TR (Total Return) (Par	High Band: (\$100,000+)	100%	107%	→ 7.00%
Rate)	Low Band: (Up to \$100,000)	95%	102%	→ 7.00%
4.V DTD C0.D F00.8 (C)	High Band: (\$100,000+)	8.75%	9.75%	▲ 1.00%
1-Year PTP – S&P 500 [®] (Cap)	Low Band: (<i>Up to \$100,000</i>)	8.25%	9.00%	▲ 0.75%
Bailout Cap Rate		3.50%	5.00%	▲ 1.50%
	High Band: (\$100,000+)	3.00%	No Change	0.00%
Fixed	Low Band: (Up to \$100,000)	2.90%	No Change	0.00%
Minimum Interest Credit ³		5.00%	No Change	0.00%

¹ Because the index applies a volatility control mechanism, the range of both the positive and negative performance of the index is limited.

² The index features a performance control mechanism that limits its maximum growth potential within any given month. Consumers may therefore forego part of the growth of the index if it rises beyond this limit within a month.

³ Not available in CA.

Athene AccumulatorSM 7

Athene Accumulator $^{\text{SM}}$ 7 Crediting Rates

Crediting Strategy	Premium Band	Current	New	Change
	High Band: (\$100,000+)	240%	280%	4 0.00%
2-Year No Cap PTP ¹ - BNP (Par Rate)	Low Band: (Up to \$100,000)	225%	255%	▲ 30.00%
1-Year No Cap PTP ¹ - BNP (Par Rate)	High Band: (\$100,000+)	170%	195%	△ 25.00%
Treative capting bivi (rankate)	Low Band: (Up to \$100,000)	160%	180%	2 0.00%
2-Year No Cap PTP ^{1,2} – Nasdaq FC (Par Rate)	High Band: (\$100,000+)	155%	180%	△ 25.00%
2 real tro eap i ii rraeaaq i e (rai rraee)	Low Band: (Up to \$100,000)	145%	165%	2 0.00%
1-Year No Cap PTP ^{1,2} – Nasdaq FC (Par Rate)	High Band: (\$100,000+)	97%	115%	▲ 18.00%
Treative Suprime Trasaugi S (Fair Nate)	Low Band: (Up to \$100,000)	92%	105%	▲ 13.00%
2-Year No Cap PTP ¹ - AI Powered US Equity (Par Rate)	High Band: (\$100,000+)	195%	225%	▲ 30.00%
2 real No cap i ii /ii owerea os zgany (rai nate)	Low Band: (Up to \$100,000)	185%	210%	△ 25.00%
1-Year No Cap PTP ¹ - AI Powered US Equity (Par Rate)	High Band: (\$100,000+)	145%	165%	2 0.00%
The cap the property of Equaty (tar take)	Low Band: (Up to \$100,000)	135%	155%	△ 20.00%
1-Year No Cap PTP ¹ - S&P 500 [®] Daily Risk Control 5%™ Index TR (Total Return) (Par	High Band: (\$100,000+)	97%	105%	▲ 8.00%
Rate)	Low Band: (Up to \$100,000)	92%	97%	△ 5.00%
1-Year PTP - S&P 500° (Cap)	High Band: (\$100,000+)	8.50%	9.50%	▲ 1.00%
1-1ear 111 - 3&1 300 (Cap)	Low Band: (<i>Up to \$100,000</i>)	8.00%	8.75%	▲ 0.75%
Bailout Cap Rate		3.00%	5.00%	▲ 2.00%
Fixed	High Band: (\$100,000+)	2.95%	No Change	0.00%
	Low Band: (<i>Up to \$100,000</i>)	2.85%	No Change	0.00%
Minimum Interest Credit ³		3.00%	No Change	0.00%

¹ Because the index applies a volatility control mechanism, the range of both the positive and negative performance of the index is limited.

² The index features a performance control mechanism that limits its maximum growth potential within any given month. Consumers may therefore forego part of the growth of the index if it rises beyond this limit within a month.

³ Not available in CA.

Athene AccumulatorSM 5

Athene Accumulator $^{\text{SM}}$ 5 Crediting Rates

Crediting Strategy	Premium Band	Current	New	Change
2-Year No Cap PTP ¹ - BNP (Par Rate)	High Band: (\$100,000+)	225%	265%	4 0.00%
2-real NO Cap FIF - bivF (Fal Kate)	Low Band: (<i>Up to \$100,000</i>)	210%	240%	▲ 30.00%
1-Year No Cap PTP ¹ - BNP (Par Rate)	High Band: (\$100,000+)	160%	190%	▲ 30.00%
1-Teal NO Cap FTF - BIVF (Fal Nate)	Low Band: (<i>Up to \$100,000</i>)	150%	175%	△ 25.00%
2-Year No Cap PTP ^{1,2} - Nasdaq FC (Par Rate)	High Band: (\$100,000+)	145%	170%	△ 25.00%
z-real No Cap FTF / - Nasdaq FC (Fal Nate)	Low Band: (<i>Up to \$100,000</i>)	135%	155%	2 0.00%
1-Year No Cap PTP ^{1,2} - Nasdaq FC (Par Rate)	High Band: (\$100,000+)	92%	110%	▲ 18.00%
	Low Band: (<i>Up to \$100,000</i>)	87%	100%	▲ 13.00%
2-Year No Cap PTP ¹ - Al Powered US Equity (Par Rate)	High Band: (\$100,000+)	185%	215%	▲ 30.00%
	Low Band: (<i>Up to \$100,000</i>)	170%	195%	△ 25.00%
1 V NI- C DTD 1 Al D IIIC F 't (D D-+)	High Band: (\$100,000+)	135%	160%	△ 25.00%
1-Year No Cap PTP ¹ - Al Powered US Equity (Par Rate)	Low Band: (<i>Up to \$100,000</i>)	125%	145%	2 0.00%
1-Year No Cap PTP ¹ - S&P 500 [®] Daily Risk Control 5%™ Index TR (Total Return) (Par	High Band: (\$100,000+)	92%	102%	▲ 10.00%
Rate)	Low Band: (<i>Up to \$100,000</i>)	85%	92%	→ 7.00%
1 Va an DTD - C2 D F00 ® (Can)	High Band: (\$100,000+)	8.00%	9.00%	1.00%
1-Year PTP – S&P 500 [®] (Cap)	Low Band: (<i>Up to \$100,000</i>)	7.50%	8.25%	▲ 0.75%
Bailout Cap Rate		3.00%	5.00%	2 .00%
	High Band: (\$100,000+)	2.85%	2.90%	▲ 0.05%
Fixed	Low Band: (<i>Up to \$100,000</i>)	2.75%	No Change	0.00%
Minimum Interest Credit ³		2.00%	No Change	0.00%

¹ Because the index applies a volatility control mechanism, the range of both the positive and negative performance of the index is limited.

² The index features a performance control mechanism that limits its maximum growth potential within any given month. Consumers may therefore forego part of the growth of the index if it rises beyond this limit within a month.

³ Not available in CA.

Athene AscentSM Pro 10 Bonus

Athene Ascent Pro 10 Bonus Crediting Rates

Crediting Strategy	Current	New	Change
2-Year No Cap PTP ¹ - BNP (Par Rate)	95%	160%	▲ 65.00%
1-Year No Cap PTP ¹ - BNP (Par Rate)	70%	115%	▲ 45.00%
2-Year No Cap PTP ^{1,2} - Nasdaq FC (Par Rate)	62%	102%	4 0.00%
1-Year No Cap PTP ^{1,2} - Nasdaq FC (Par Rate)	42%	67%	△ 25.00%
2-Year No Cap PTP ¹ - AI Powered US Equity (Par Rate)	77%	130%	▲ 53.00%
1-Year No Cap PTP ¹ - AI Powered US Equity (Par Rate)	60%	97%	▲ 37.00%
1-Year No Cap PTP ¹ - S&P 500 Daily Risk Control 5%™ Index TR (Total Return)(Par Rate)	50%	60%	▲ 10.00%
1-Year PTP - S&P 500 [®] (Cap)	3.25%	5.25%	2 .00%
Bailout Cap Rate	1.00%	No Change	0.00%
Fixed	1.40%	2.30%	▲ 0.90%
Minimum Interest Credit ³	1.00%	No Change	0.00%

¹ Because the index applies a volatility control mechanism, the range of both the positive and negative performance of the index is limited.

Athene AscentSM Pro 10 Bonus Income Base Bonus

		Current	New	Change
Rider Option Guaranteed Grow	Rider Option 1: Guaranteed Growth	20%	25%	▲ 5.00%
All States	Rider Option 2: Guaranteed Growth, Plus Interest Credits	15%	No Change	0.00%

Athene AscentSM Pro 10 Bonus Accumulation Phase Rates

		Current	New	Change
Rider Option 1: Guaranteed Growth	Years 1-10 Years 11-20	10.00% 5.00%	No Change No Change	0.00%
Rider Option 2: Guaranteed Growth, Plus Interest Credits	Years 1-10 Years 11-20 Stacking Percentage	7.00% 4.00% 200%	5.00% 2.00% No Change	▼ 2.00% ▼ 2.00% 0.00%

² The index features a performance control mechanism that limits its maximum growth potential within any given month. Consumers may therefore forego part of the growth of the index if it rises beyond this limit within a month.

³ The Minimum Interest Credit is not available in CA.

Athene Ascent Pro 10 Bonus Payout Factors

Single Life¹ Lifetime Income Withdrawal Percentages

	Level ² (Current & Guaranteed)			Earning	gs Indexed ² (Current &	Guaranteed)	Ir	nflation ^{2,3} (Guara	nteed)
Attained Age:	Current	New	Change	Current	New	Change	Current	New	Change
50-54	3.70%	3.95%	▲ 0.25%	3.00%	No Change	0.00%	1.66%	1.77%	▲ 0.11%
55-59	3.70%+	3.95%+	▲ 0.25%	3.00%+	No Change	0.00%	1.66%+	1.77%+	▲ 0.11%
60-64	4.20%+	4.45%+	▲ 0.25%	3.50%+	No Change	0.00%	1.89%+	2.00%+	▲ 0.11%
65-69	4.70%+	4.95%+	▲ 0.25%	4.00%+	No Change	0.00%	2.11%+	2.22%+	▲ 0.11%
70-74	5.20%+	5.45%+	▲ 0.25%	4.50%+	No Change	0.00%	2.34%+	2.45%+	▲ 0.11%
75-79	5.70%+	5.95%+	▲ 0.25%	5.00%+	No Change	0.00%	2.56%+	2.67%+	▲ 0.11%
80-84	6.20%+	6.45%+	▲ 0.25%	5.50%+	No Change	0.00%	2.79%+	2.90%+	▲ 0.11%
85-89	6.70%+	6.95%+	▲ 0.25%	6.00%+	No Change	0.00%	3.01%+	3.12%+	▲ 0.11%
90+	7.20%	7.45%	▲ 0.25%	6.50%	No Change	0.00%	3.24%	3.35%	▲ 0.11%

¹ Subtract 0.5% from the Single Life withdrawal percentage to determine the current Joint Life withdrawal percentage.

² The Lifetime Income Withdrawal Percentage increases by 0.10% for each attained age between 55-90 for the Level and Earnings Indexed options, and by 0.045% for each attained age between 55-90 for the Inflation option.

³ Guaranteed rates may be lower than current rates. Please contact the Company for current rates when your customer wants to elect income.

Athene AscentSM Pro 10

Athene AscentSM Pro 10 Crediting Rates

Crediting Strategy	Current	New	Change
2-Year No Cap PTP ¹ - BNP (Par Rate)	115%	185%	→ 70.00%
1-Year No Cap PTP ¹ - BNP (Par Rate)	85%	135%	▲ 50.00%
2-Year No Cap PTP ^{1,2} - Nasdaq FC (Par Rate)	75%	120%	▲ 45.00%
1-Year No Cap PTP ^{1,2} - Nasdaq FC (Par Rate)	50%	77%	△ 27.00%
2-Year No Cap PTP ¹ - Al Powered US Equity (Par Rate)	95%	150%	▲ 55.00%
1-Year No Cap PTP ¹ - Al Powered US Equity (Par Rate)	72%	110%	▲ 38.00%
1-Year No Cap PTP ¹ - S&P 500 Daily Risk Control 5%™ Index TR (Total Return)(Par Rate)	60%	70%	▲ 10.00%
1-Year PTP – S&P 500° (Cap)	4.00%	6.00%	2 .00%
Bailout Cap Rate	1.00%	No Change	0.00%
Fixed	1.65%	2.65%	▲ 1.00%
Minimum Interest Credit ³	1.00%	No Change	0.00%

¹ Because the index applies a volatility control mechanism, the range of both the positive and negative performance of the index is limited.

Athene AscentSM Pro 10 Income Base Bonus

		Current	New	Change
All States	Rider Option 1: Guaranteed Growth	20%	25%	▲ 5.00%
All States	Rider Option 2: Guaranteed Growth, Plus Interest Credits	15%	No Change	0.00%

Athene AscentSM Pro 10 Accumulation Phase Rates

	Current	New	Change
Years 1-10	10.00%	No Change	0.00%
Years 11-20	Years 11-20 5.00% No Change	0.00%	
Years 1-10	8.00%	6.00%	▼ 2.00%
Years 11-20	4.00%	2.00%	▼ 2.00%
Stacking Percentage	200%	No Change	0.00%
	Years 11-20 Years 1-10 Years 11-20	Years 1-10 10.00% Years 11-20 5.00% Years 1-10 8.00% Years 11-20 4.00%	Years 11-20 5.00% No Change Years 1-10 8.00% 6.00% Years 11-20 4.00% 2.00%

² The index features a performance control mechanism that limits its maximum growth potential within any given month. Consumers may therefore forego part of the growth of the index if it rises beyond this limit within a month.

³ The Minimum Interest Credit is not available in CA.

Athene AscentSM Pro 10 Payout Factors

Single Life¹ Lifetime Income Withdrawal Percentages

	Leve	l ² (Current & Gua	ranteed)	Earning	s Indexed ² (Current &	Guaranteed)	Ir	nteed)	
Attained Age:	Current	New	Change	Current	New	Change	Current	New	Change
50-54	3.80%	4.05%	▲ 0.25%	3.00%	No Change	0.00%	1.71%	1.82%	▲ 0.11%
55-59	3.80%+	4.05%+	▲ 0.25%	3.00%+	No Change	0.00%	1.71%+	1.82%+	▲ 0.11%
60-64	4.30%+	4.55%+	▲ 0.25%	3.50%+	No Change	0.00%	1.93%+	2.04%+	▲ 0.11%
65-69	4.80%+	5.05%+	▲ 0.25%	4.00%+	No Change	0.00%	2.16%+	2.27%+	▲ 0.11%
70-74	5.30%+	5.55%+	▲ 0.25%	4.50%+	No Change	0.00%	2.38%+	2.49%+	▲ 0.11%
75-79	5.80%+	6.05%+	▲ 0.25%	5.00%+	No Change	0.00%	2.61%+	2.72%+	▲ 0.11%
80-84	6.30%+	6.55%+	▲ 0.25%	5.50%+	No Change	0.00%	2.83%+	2.94%+	▲ 0.11%
85-89	6.80%+	7.05%+	▲ 0.25%	6.00%+	No Change	0.00%	3.06%+	3.17%+	▲ 0.11%
90+	7.30%	7.55%	▲ 0.25%	6.50%	No Change	0.00%	3.28%	3.39%	▲ 0.11%

¹ Subtract 0.5% from the Single Life withdrawal percentage to determine the current Joint Life withdrawal percentage.

² The Lifetime Income Withdrawal Percentage increases by 0.10% for each attained age between 55-90 for the Level and Earnings Indexed options, and by 0.045% for each attained age between 55-90 for the Inflation option.

³ Guaranteed rates may be lower than current rates. Please contact the Company for current rates when your customer wants to elect income.

Athene AscentSM Pro 7

Athene AscentSM **Pro 7 Crediting Rates**

Crediting Strategy	Current	New	Change
2-Year No Cap PTP ¹ - BNP (Par Rate)	105%	170%	△ 65.00%
1-Year No Cap PTP ¹ - BNP (Par Rate)	80%	125%	▲ 45.00%
2-Year No Cap PTP ^{1,2} - Nasdaq FC (Par Rate)	70%	110%	4 0.00%
1-Year No Cap PTP ^{1,2} - Nasdaq FC (Par Rate)	47%	72%	△ 25.00%
2-Year No Cap PTP ¹ - Al Powered US Equity (Par Rate)	87%	140%	▲ 53.00%
1-Year No Cap PTP ¹ - Al Powered US Equity (Par Rate)	67%	105%	▲ 38.00%
1-Year No Cap PTP ¹ - S&P 500 Daily Risk Control 5%™ Index TR (Total Return)(Par Rate)	55%	65%	▲ 10.00%
1-Year PTP – S&P 500® (Cap)	3.50%	5.50%	2 .00%
Bailout Cap Rate	2.00%	No Change	0.00%
Fixed	1.55%	2.40%	▲ 0.85%
Minimum Interest Credit ³	1.00%	No Change	0.00%

¹ Because the index applies a volatility control mechanism, the range of both the positive and negative performance of the index is limited.

Athene AscentSM Pro 7 Income Base Bonus

		Current	New	Change
All Chahan	Rider Option 1: Guaranteed Growth	18%	25%	▲ 7.00%
All States	Rider Option 2: Guaranteed Growth, Plus Interest Credits	13%	No Change	0.00%

Athene AscentSM Pro 7 Accumulation Phase Rates

		Current	New	Change
Distance On tion 1. Comments and Comments	Years 1-10	10.00%	No Change	0.00%
Rider Option 1: Guaranteed Growth	Years 11-20	5.00% No Change 8.00% 6.00% 4.00% 2.00%	0.00%	
	Years 1-10	8.00%	6.00%	▼ 2.00%
Rider Option 2: Guaranteed Growth, Plus Interest Credits	Years 11-20	4.00%	2.00%	▼ 2.00%
	Stacking Percentage	200%	No Change	0.00%

² The index features a performance control mechanism that limits its maximum growth potential within any given month. Consumers may therefore forego part of the growth of the index if it rises beyond this limit within a month.

³ The Minimum Interest Credit is not available in CA.

Athene Ascent SM Pro 7 Payout Factors

Single Life¹ Lifetime Income Withdrawal Percentages

	Level ² (Current & Guaranteed)			el ² (Current & Guaranteed) Earnings Indexed ² (Current & Guaranteed)			Inflation ^{2,3} (Guaranteed)		
Attained Age:	Current	New	Change	Current	New	Change	Current	New	Change
50-54	3.80%	4.05%	▲ 0.25%	3.00%	No Change	0.00%	1.71%	1.82%	▲ 0.11%
55-59	3.80%+	4.05%+	▲ 0.25%	3.00%+	No Change	0.00%	1.71%+	1.82%+	▲ 0.11%
60-64	4.30%+	4.55%+	▲ 0.25%	3.50%+	No Change	0.00%	1.93%+	2.04%+	▲ 0.11%
65-69	4.80%+	5.05%+	▲ 0.25%	4.00%+	No Change	0.00%	2.16%+	2.27%+	▲ 0.11%
70-74	5.30%+	5.55%+	▲ 0.25%	4.50%+	No Change	0.00%	2.38%+	2.49%+	▲ 0.11%
75-79	5.80%+	6.05%+	▲ 0.25%	5.00%+	No Change	0.00%	2.61%+	2.72%+	▲ 0.11%
80-84	6.30%+	6.55%+	▲ 0.25%	5.50%+	No Change	0.00%	2.83%+	2.94%+	▲ 0.11%
85-89	6.80%+	7.05%+	▲ 0.25%	6.00%+	No Change	0.00%	3.06%+	3.17%+	▲ 0.11%
90+	7.30%	7.55%	▲ 0.25%	6.50%	No Change	0.00%	3.28%	3.39%	▲ 0.11%

¹ Subtract 0.5% from the Single Life withdrawal percentage to determine the current Joint Life withdrawal percentage.

Athene ProtectorSM 7

Athene ProtectorSM **7 Crediting Rates**

Crediting Strategy	Current	New	Change
1-Year No Cap PTP ¹ - BNP (Par Rate)	165%	190%	△ 25.00%
1-Year No Cap PTP ¹ - S&P 500 [®] Daily Risk Control 5% TM Index TR (Total Return) (Par Rate)	95%	102%	▲ 7.00%
1-Year No Cap PTP ^{1,2} - Nasdaq FC (Par Rate)	95%	110%	▲ 15.00%
1-Year No Cap PTP ¹ - AI Powered US Equity (Par Rate)	140%	160%	2 0.00%
1-Year PTP - S&P 500® (Cap)	8.25%	9.00%	▲ 0.75%
Bailout Cap Rate	3.00%	4.50%	▲ 1.50%
Fixed	2.90%	No Change	0.00%

¹ Because the index applies a volatility control mechanism, the range of both the positive and negative performance of the index is limited.

² The Lifetime Income Withdrawal Percentage increases by 0.10% for each attained age between 55-90 for the Level and Earnings Indexed options, and by 0.045% for each attained age between 55-90 for the Inflation option.

³ Guaranteed rates may be lower than current rates. Please contact the Company for current rates when your customer wants to elect income.

² The index features a performance control mechanism that limits its maximum growth potential within any given month. Consumers may therefore forego part of the growth of the index if it rises beyond this limit within a month.

Athene ProtectorSM 5

Athene ProtectorSM 5 Crediting Rates

Crediting Strategy	Current	New	Change
1-Year No Cap PTP ¹ - BNP (Par Rate)	150%	175%	▲ 25.00%
1-Year No Cap PTP ¹ - S&P 500 [®] Daily Risk Control 5% TM Index TR (Total Return) (Par Rate)	85%	92%	▲ 7.00%
1-Year No Cap PTP ^{1,2} - Nasdaq FC (Par Rate)	87%	100%	▲ 13.00%
1-Year No Cap PTP ¹ - Al Powered US Equity (Par Rate)	125%	145%	2 0.00%
1-Year PTP – S&P 500® (Cap)	7.50%	8.25%	▲ 0.75%
Bailout Cap Rate	3.00%	4.50%	▲ 1.50%
Fixed	2.75%	No Change	0.00%

¹ Because the index applies a volatility control mechanism, the range of both the positive and negative performance of the index is limited.

Rates are subject to change at any time.

Athene Accumulator GEN (09/15) NB and Athene Accumulator Legacy Rider ICC16 GMDB (06/16) or state variations issued by Athene Annuity and Life Company, West Des Moines, IA. Product features, limitations and availability vary; see the Certificates of Disclosure for details. Products not available in all states.

Athene Ascent Pro GEN (09/15) NB, GEN10 (04/14) and Athene Ascent Income Rider IR1 (09/15), IR2 (09/15) or state variations issued by Athene Annuity and Life Company, West Des Moines, IA. Product features, limitations and availability vary; see the Certificates of Disclosure for details. Products not available in all states.

Athene Ascent Pro 10 Bonus GEN10 (04/14) and Athene Ascent Income Rider IR1 (09/15), IR2 (09/15) or state variations issued by Athene Annuity and Life Company, West Des Moines, IA. Product features, limitations and availability vary; see the Certificates of Disclosure for details. Products not available in all states.

Athene Protector GEN (09/15) NB and Return of Premium Rider ICC17 ROP (08/17) or state variations issued by Athene Annuity and Life Company, West Des Moines, IA. Product features, limitations and availability vary; see the Certificates of Disclosure for details. Products not available in all states.

Nasdaq FC Index • Athene Annuity and Life Company's Product ("Product") is not sponsored, endorsed, sold or promoted by BofA Securities, Inc. or its affiliates ("BofAS"). BofAS has not passed on the legality or suitability of, or the accuracy or adequacy of descriptions and disclosures relating to, the Product, nor makes any representation or warranty, express or implied, to the owners of the Product or any member of the public regarding the Product or the advisability of purchasing the Product, particularly the ability of the NASDAQ FC Index ("Index") to track performance of any market or strategy. BofAS's only relationship to Athene Annuity and Life Company ("Licensee") is the licensing of certain trademarks and trade names and the Index or components thereof. The Index is determined, composed and calculated by BofAS without regard to the Licensee or the Product or its holders. BofAS has no obligation to take the needs of the Licensee or the holders of the Product into consideration in determining, composing or calculating the Index. BofAS is not responsible for and has not participated in the determination of the timing of, prices of, or quantities of the Product to be issued or in the determination or calculation of the equation by which the Product is to be priced, sold, or purchased, or redeemed. BofAS has no obligation or liability in connection with the administration or marketing of the Product.

² The index features a performance control mechanism that limits its maximum growth potential within any given month. Consumers may therefore forego part of the growth of the index if it rises beyond this limit within a month.

6/30/22, 8:09 AM AtheneRate_July_1_2022

THEREIN AND BOFAS SHALL HAVE NO LIABILITY FOR ANY ERRORS, OMISSIONS, UNAVAILABILITY, OR INTERRUPTIONS THEREIN. BOFAS MAKES NO WARRANTY, EXPRESS OR IMPLIED, AS TO RESULTS TO BE OBTAINED BY LICENSEE, HOLDERS OF THE PRODUCT OR ANY OTHER PERSON OR ENTITY FROM THE USE OF THE INDEX OR ANY DATA INCLUDED THEREIN. BOFAS MAKES NO EXPRESS OR IMPLIED WARRANTIES AND EXPRESSLY DISCLAIMS ALL WARRANTIES OF MERCHANTABILITY OR FITNESS FOR A PARTICULAR PURPOSE OR USE, WITH RESPECT TO THE INDEX OR ANY DATA INCLUDED THEREIN. WITHOUT LIMITING ANY OF THE FOREGOING, IN NO EVENT SHALL BOFAS HAVE ANY LIABILITY FOR ANY SPECIAL, PUNITIVE, INDIRECT, INCIDENTAL, CONSEQUENTIAL DAMAGES, OR LOST PROFITS, EVEN IF NOTIFIED OF THE POSSIBILITY OF SUCH DAMAGES.

The Product is not sponsored, endorsed, sold or promoted by Nasdaq, Inc. or its affiliates (Nasdaq, with its affiliates, are referred to as the "Corporations"). The Corporations have not passed on the legality or suitability of, or the accuracy or adequacy of descriptions and disclosures relating to, the Product. The Corporations make no representation or warranty, express or implied to the owners of the Product or any member of the public regarding the advisability of investing in securities generally or in the Product particularly, or the ability of the NASDAQ-100 Index and NASDAQ FC Index to track general stock market performance. The Corporations' only relationship to BofA Securities, Inc. ("BofAS") is in the licensing of Nasdaq® and certain trade names of the Corporations and the use of the NASDAQ-100 Index which is determined, composed and calculated by Nasdaq without regard to BofAS or the Product. Nasdaq has no obligation to take the needs of BofAS or the owners of the Product into consideration in determining, composing or calculating the NASDAQ-100 Index. The Corporations are not responsible for and have not participated in the determination of the timing of, prices at, or quantities of the Product to be issued or in the determination or calculation of the equation by which the Product is to be converted into cash. The Corporations have no liability in connection with the administration, marketing or trading of the Product.

THE CORPORATIONS DO NOT GUARANTEE THE ACCURACY AND/OR UNINTERRUPTED CALCULATION OF THE NASDAQ-100 INDEX OR ANY DATA INCLUDED THEREIN. THE CORPORATIONS MAKE NO WARRANTY, EXPRESS OR IMPLIED, AS TO RESULTS TO BE OBTAINED BY BOFAS, OWNERS OF THE PRODUCT, OR ANY OTHER PERSON OR ENTITY FROM THE USE OF THE NASDAQ-100 INDEX AND NASDAQ FC INDEX OR ANY DATA INCLUDED THEREIN. THE CORPORATIONS MAKE NO EXPRESS OR IMPLIED WARRANTIES, AND EXPRESSLY DISCLAIM ALL WARRANTIES OF MERCHANTABILITY OR FITNESS FOR A PARTICULAR PURPOSE OR USE WITH RESPECT TO THE NASDAQ-100 INDEX AND NASDAQ FC INDEX OR ANY DATA INCLUDED THEREIN. WITHOUT LIMITING ANY OF THE FOREGOING, IN NO EVENT SHALL THE CORPORATIONS HAVE ANY LIABILITY FOR ANY LOST PROFITS OR SPECIAL, INCIDENTAL, PUNITIVE, INDIRECT, OR CONSEQUENTIAL DAMAGES, EVEN IF NOTIFIED OF THE POSSIBILITY OF SUCH DAMAGES.

S&P 500® Index ● The "S&P 500®, S&P 500 Daily Risk Control 5%™ Index TR (Total Return) and S&P 500 Daily Risk Control 2 8%™ Index TR (Total Return)" are products of S&P Dow Jones Indices LLC or its affiliates ("SPDJI") and have been licensed for use by Athene Annuity and Life Company. Standard & Poor's® and S&P® are registered trademarks of Standard & Poor's Financial Services LLC ("S&P"); Dow Jones® is a registered trademark of Dow Jones Trademark Holdings LLC ("Dow Jones"); and these trademarks have been licensed for use by SPDJI and sublicensed for certain purposes by Athene Annuity and Life Company. Athene Annuity and Life Company's products are not sponsored, endorsed, sold or promoted by SPDJI, Dow Jones, S&P, their respective affiliates and none of such parties make any representation regarding the advisability of investing in such product(s) nor do they have any liability for any errors, omissions, or interruptions of the S&P 500®, S&P 500 Daily Risk Control 5%™ Index TR (Total Return) and S&P 500 Daily Risk Control 2 8%™ Index TR (Total Return).

Al Powered US Equity Index • The Al Powered US Equity Index (the "AiPEX Index") is the exclusive property of EquBot Inc. ("EquBot") and is administered, calculated, and published by Solactive AG ("Solactive").

Al Powered Multi-Asset Index • The Al Powered Multi-Asset Index (the "AiMAX Index") is the exclusive property of EquBot and is administered, calculated, and published by Solactive. We also refer to each of the AiPEX Index and the AiMAX Index herein as an "Index" and, together, the "Indices."

EquBot, AiPEX, AiMAX, "Al Powered US Equity Index" and "Al Powered Multi-Asset Index" (collectively, the "Marks") are trademarks or service marks of EquBot and have been licensed by HSBC and sub-licensed by Athene Annuity and Life Company (the "Company") for use (individually or together) in a fixed indexed annuity offered by the Company. The fixed indexed annuity is not, in whole or in part, sponsored, structured, priced, endorsed, offered, sold, issued or promoted by EquBot, HSBC, Solactive or any of their affiliates. EquBot and HSBC's only relationship to the Company is the licensing of the Indices and Marks for certain purposes. Solactive's only relationship to Equbot is with respect to administering, calculating and publishing the Indices. EquBot, HSBC and Solactive shall not have any liability with respect to a fixed indexed annuity in which an interest crediting option is based on an index and are not liable for any loss relating to the fixed indexed annuity, whether arising directly or indirectly from the use of an index, its methodology, any Mark or otherwise. None of EquBot, HSBC or Solactive have any obligation to take into consideration any of the needs of the Company or any of the owners, annuitants or beneficiaries of the fixed indexed annuity in designing, calculating, administering or licensing the Indices.

NONE OF EQUBOT, HSBC, SOLACTIVE OR THEIR SUPPLIERS GUARANTEES THE ACCURACY, ADEQUACY, TIMELINESS, COMPLETENESS OR AVAILABILITY OF THE INDICES OR ANY COMPONENT THEREOF OR DATA INCLUDED THEREIN, OR THAT

6/30/22, 8:09 AM AtheneRate_July_1_2022

NO ERROR, OMISSION, DELAY OR INTERRUPTION WILL EXIST THEREIN. NONE OF HSBC, EQUBOT, SOLACTIVE OR THEIR SUPPLIERS MAKES ANY REPRESENTATION OR WARRANTY, AND EACH OF HSBC, EQUBOT, SOLACTIVE AND THEIR SUPPLIERS EXPRESSLY DISCLAIMS ALL REPRESENTATIONS AND WARRANTIES, EXPRESS OR IMPLIED, INCLUDING, WITHOUT LIMITATION, THOSE REGARDING (I) MERCHANTABILITY OR FITNESS FOR A PARTICULAR PURPOSE OR USE, AND (II) THE ADVISABILITY OF ANY PERSON INVESTING IN THE FIXED INDEXED ANNUITY.

No purchaser, seller or holder of the fixed indexed annuity, or any other person or entity, should use or refer to any Mark or other EquBot trade name to sponsor, endorse, market or promote any fixed indexed annuity without a license from EquBot and HSBC. Under no circumstances may any person or entity claim any affiliation or association with EquBot, HSBC or Solactive without the prior written permission of EquBot, HSBC or Solactive.

In calculating the performance of each of the Indices, EquBot deducts a servicing cost of 0.50% per annum for the AiPEX Index and a servicing cost of 0.75% per annum for the AiMAX Index, each calculated on a daily basis. Such costs may vary over time with market conditions. These costs reduce the potential positive change in each of the Indices and thus the amount of interest that will be credited to the fixed indexed annuity option based on each of the Indices.

The volatility control applied by EquBot may reduce the potential positive or negative change in each of the Indices and thus the amount of interest that will be credited to the fixed indexed annuity option that is based on either of the Indices.

Nothing provided herein should be construed as HSBC, EquBot, Solactive or any of their suppliers providing tax, legal, or investment advice nor are HSBC, EquBot, Solactive or any of their suppliers recommending engaging in any investment strategy or transaction.

BNP Paribas Multi Asset Diversified 5 Index • The BNP Paribas Multi Asset Diversified 5 Index (the "BNPP MAD 5 Index") is the exclusive property of BNP Paribas or one of its affiliates (BNP Paribas and its affiliates are hereinafter called "BNPP") and is determined, composed and calculated by BNPP. "BNP", "BNPP", "BNP Paribas", "BNPP MAD 5 Index" and "BNP Paribas Multi Asset Diversified 5 Index" (collectively, the "BNPP Marks") are trademarks or service marks of BNPP and have been licensed by Athene Annuity and Life Company (the "Company") for use in a fixed indexed annuity offered by the Company. The fixed indexed annuity is not, in whole or in part, sponsored, structured, priced, endorsed, offered, sold, issued or promoted by BNPP or any of its affiliates, or any third party licensor of information to BNPP. BNPP's only relationship to the Company is the licensing of the BNPP MAD 5 Index and BNPP Marks for certain purposes. BNPP shall not have any liability with respect to a fixed indexed annuity in which an interest crediting option is based on the BNPP MAD 5 Index, and is not liable for any loss relating to the fixed indexed annuity, whether arising directly or indirectly from the use of the BNPP MAD 5 Index, its methodology, any BNPP Mark or otherwise.

In calculating the level of the BNPP MAD 5 Index, BNPP deducts a servicing cost of 0.50% per annum, calculated on a daily basis. In addition, the BNPP MAD 5 Index methodology embeds certain costs which cover among other things, rebalancing and replication costs. Such costs may vary over time with market conditions. These costs reduce the potential positive change in the BNPP MAD 5 Index and thus the amount of interest that will be credited to the fixed indexed annuity that includes the BNPP MAD 5 Index.

© 2022 Athene, 7700 Mills Civic Pkwy, West Des Moines, IA 50266, USA

For financial professional use only. Not to be used with the offer or sale of annuities.

Athene Annuity and Life Company (61689), headquartered in West Des Moines, Iowa, and issuing annuities in 49 states (excluding NY) and in D.C., and Athene Annuity & Life Assurance Company of New York (68039), headquartered in Pearl River, NY, and issuing annuities in New York, are not undertaking to provide investment advice for any individual or in any individual situation, and therefore nothing in this should be read as investment advice. This material should not be interpreted as a recommendation by Athene Annuity and Life Company, Athene Annuity & Life Assurance Company of New York or Athene Securities, LLC.

ATHENE ANNUITIES ARE PRODUCTS OF THE INSURANCE INDUSTRY AND NOT GUARANTEED BY ANY BANK NOR INSURED BY FDIC OR NCUA/NCUSIF. MAY LOSE VALUE. NO BANK/CREDIT UNION GUARANTEE. NOT A DEPOSIT. NOT INSURED BY ANY FEDERAL GOVERNMENT AGENCY. MAY ONLY BE OFFERED BY A LICENSED INSURANCE AGENT.