

9/1/2026

Nassau Life and Annuity Company MYAnnuity		
Free Withdrawal Amount	5-Year Guarantee Period	7-Year Guarantee Period
0%	5.50%	5.55%
10%	5.30%	5.35%

Nassau Life and Annuity Company Simple Annuity		
Free Withdrawal Amount	4-Year Guarantee Period	6-Year Guarantee Period
5%	5.25%	5.50%

Nassau Life Insurance Company	
Free Withdrawal Amount	5-Year Guarantee Period
0%	5.45%
10%	5.25%

Note:

Rates highlighted in green have **increased** from prior month

Rates highlighted in red have **decreased** from prior month